

Family Information Sheet					
Family Member	Allergies	Medical History	Medications	Height/Weight	

For more information:

Official U.S. government site:
www.pandemicflu.gov

U.S. Department of Homeland Security
www.ready.gov

Federal Emergency Management Agency
www.fema.gov

American Red Cross
www.redcross.gov

Kansas Center for Public Health Preparedness
www.kdheks.gov/pandemic_influenza.htm

Centers for Disease Control and Prevention
www.cdc.gov

Jefferson County Health Department
 1212 Walnut
 Oskaloosa, KS 66066
jfcountyks.com
 785-863-2447

Household Emergency Stockpile

9 + 1

**important items
to keep on hand
in case of
emergency.**

Be informed
and Be ready . . .

Bottled water – one gallon per person, per day, for drinking and sanitation.



1

Non-perishable food – A supply of 3-5 days of food per person.



2

Clothes -



Collect at least one change of clothes and shoes per person.



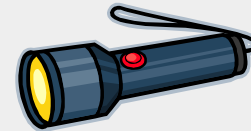
3

Medications –

Store three days worth of all prescription medicines.



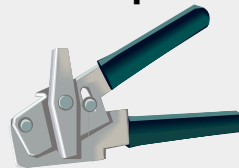
4



Flashlight – Keep a bright flashlight and batteries. Consider a lantern-style for hands-free use.

5

Can Opener –

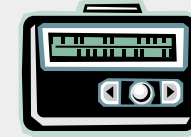


Be sure to have a manual can opener in case there is no electricity.

6

Battery-powered or crank NOAA alert radio

Tune to news and weather.



7

Hygiene items –

Just the basics like soap, toothbrushes and toiletpaper.



8

First Aid –

Antiseptics, gloves, bandages, non-prescription medicines.



9

+ 1

Cash – Have enough cash on hand for one week.

