

For Immediate Release:

(Jefferson County, Kansas- December 4, 2020)

The Jefferson County Board of County Commissioners, with recommendations from Crystal VanHoutan, Jefferson County Health Officer, voted to opt-in to the Centers for Disease Control and Prevention and the Kansas Department of Health & Environment's reduced quarantine period. The change in quarantine guidelines will allow asymptomatic individuals that have been exposed to someone who has tested positive for COVID-19 to be released from quarantine after day 7 with a negative PCR test or after day 10 without a test.

The Kansas Department of Health and Environment has issued additional clarification this afternoon, please see below.

After receiving further clarification from CDC on the shortened quarantine periods, the Kansas Department of Health and Environment (KDHE) is issuing more information concerning the shortened quarantine periods counties may opt in to.

The clarifications are regarding the date quarantine periods may end. For the 7-day period with a test, the quarantine period will end after the full seven days, on Day 8. For the 10-day period without a test, the quarantine period will end after the full 10 days, on Day 11. Individuals should check with their local health departments regarding the quarantine recommendations specific to their county.

7-Day Quarantine (Testing and No Symptoms)

- *After exposure, monitor yourself for symptoms daily or participate in monitoring by Public Health for 7 full days.*
- *If you have no symptoms during this time frame, on Day 6 you may get a sample taken for a PCR test (antigen and antibody tests are NOT allowed for this purpose).*
- *If the test is negative, and you remain symptom-free, you can be removed from quarantine after seven full days, which is on Day 8.*
- *If Testing Results are pending, you must wait until you receive results.*

10-Day Quarantine (No Testing and No Symptoms)

- *After exposure, monitor yourself for symptoms daily or participate in Public Health monitoring for 10 full days.*
- *If you have no symptoms during the 10 days, you can be released from the quarantine without a test on Day 11.*

The Jefferson County Health Department recommends all exposed people should self-monitor for 14 days from exposure and contact healthcare provider if symptoms develop. The disease can still develop through day 14.



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The Jefferson County Health Department will begin conducting COVID-19 testing on Monday, December 14th. Hours for testing will be Monday- Friday from 9am-11 am. Testing at this time will be held outside the health department, in the parking lot. For more information or to schedule testing, please call the Jefferson County Health Department Monday- Friday from 8:00 am – 4:30 pm at 785-403-0025.

For updated case counts, orders, and guidance documents for Jefferson County please check out the Jefferson County website at www.jfcountyks.com.

Kansas Dept. of Health and Environment's (KDHE) COVID-19
<https://www.coronavirus.kdheks.gov/>

Center for Disease Control (CDC) <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>

If you have any questions, please call the Jefferson County Health Department at 785-403-0025.
